



INFORMATION ANNOUNCEMENT

Andrew M. Cuomo
Governor

RoAnn M. Destito
Commissioner

Health Insurance Rates and Option Transfer 2015

The [2015 Health Insurance Rates](#) have been released by the Department of Civil Service and the health insurance annual option transfer period is running **now through January 16, 2015**. During the option transfer period, employees can change plans (i.e., Empire to HMO, HMO to Empire, or one HMO to another HMO) for the next calendar year. The New York State Health Insurance Program (NYSHIP) offers employees the choice of the Empire Plan or a NYSHIP-approved Health Maintenance Organization (HMO) serving the area where they live or work. Except under very limited circumstances, an employee is not allowed to change plans outside the annual option transfer period.

Active New York State Employees who wish to change their health insurance plan during this period, may submit an option transfer request online through [MyNYSHIP](#) or submit a [PS-404 Health Insurance Transaction Form](#).

The NYSHIP rates and deadlines for 2015 and the PS-404 Health Insurance Transaction Form can be found on the BSC website at <http://bsc.ogs.ny.gov/content/benefits> under Benefits Forms & Publications, Health Insurance.

For employees of agencies that are BSC HR customers, the PS-404 form should be submitted to the BSC Benefits Unit by emailing BSCBenefitsAdmin@ogs.ny.gov, faxing to (518) 457-1879, or mailing to OGS- BSC Benefits Unit, 50 Wolf Road, 3rd Floor Albany, NY 12232. If you have any questions or concerns regarding these procedures, please contact the BSC Benefits Unit at BSCBenefitsadmin@ogs.ny.gov or at (518) 457-4272, Option 2, then Option 3.

If you are an employee in an agency that does not receive HR services from the BSC, please contact your agency HR Office. For a list of BSC HR customer agencies, please visit the BSC Website at <http://bsc.ogs.ny.gov/content/our-customers>.

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For more information visit the BSC website or contact the BSC today!

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Tel: (518) 457-4272

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