



Information Announcement

2019 Annual Option Transfer and Opt-Out Program

December 10, 2018

The Department of Civil Service has announced that the New York State Health Insurance Program (NYSHIP) rates have been approved. The Annual Option Transfer Period will run from December 10, 2018 through January 18, 2019.

For NYSHIP cost, coverage and pertinent deadline information, employees should review:

- NYSHIP Rates and Deadlines for 2019
 - [NYS Active Ratified Rates \(CSEA, DC-37, PBA\)](#)
 - [NYS Active Unratified Rates \(M/C, PEF, NYSCOPBA, PBANYS, PIA, Council 82\)](#)
- [Planning for Option Transfer](#)
- [Health Insurance Choices for 2019](#)

Employees may make a change to their plan during the Option Transfer Period, by submitting an option transfer request online through MyNYSHIP at <https://www.cs.ny.gov/mynyship> or completing and submitting a [NYS Health Insurance Transaction Form](#) (PS-404) by January 18, 2019.

Employees who would like the Opt-out Program for 2019 should complete and submit a [NYS Health Insurance Transaction Form](#) (PS-404), an [Opt-out Attestation Form](#) (PS-409), and required proofs.

For employees of agencies that are BSC Benefits customers, completed forms may be sent by e-mail to BSCBenefitsAdmin@ogs.ny.gov, by fax to (518) 457-1879, or by mail to:

BSC Benefits Administration Unit
1220 Washington Avenue
Harriman State Campus, Building 5, Floor 4
Albany, NY 12226-1900

For a list of agencies receiving BSC Benefits services, please visit the BSC Website at:
[https://bsc.ogs.ny.gov/sites/default/files/BSC HR Services Provided to Agency Lists
_0.pdf](https://bsc.ogs.ny.gov/sites/default/files/BSC_HR_Services_Provided_to_Agency_Lists_0.pdf).